



## Carla Yvette Allen

July 20, 1966 - January 29, 2013

Minister Carla Yvette Henry Allen Opelousas-Born July 20th, 1966 to Rebecca Davis and Elton Henry; Carla Yvette Henry Allen; passed away peacefully with family and friends at her side at a private hospital in Fayetteville, GA, at the age of 46. She attended Grolee Elementary, Opelousas Junior High, Opelousas Sr. High and Southern University and A & M College where she obtained a Bachelor of Arts in Political Science and a Masters in Public Administration & Public Policy and had recently enrolled once again at her Alma Mater (Southern University) to work on her doctoral degree.

Carla's service as an Urban Policy Specialist was invaluable and she used that experience in helping community members through her work at the Housing Authority of New Orleans. As a witness to Carla's faith and belief in God, it was no surprise that she would later move towards a life in the ministry.

She was well respected in Baton Rouge, LA, New Orleans, LA and Fayetteville, GA, where she humbly served her church community. As Co-Pastor of Destiny Christian Center International in Fayetteville, GA. Carla helped to build a congregation of hundreds, spreading the gospel and inspiring many to serve GOD to their fullest potential. She was a successful business owner of "Fit4ANewLife Fitness Center" and as a personal trainer was featured in the July 2004 edition of Essence Magazine. Believing in the holistic approach to service (Spirit, Mind and Body), Carla owned and operated "Fit4ANewLife Community Center", where she ran a successful

after-school enrichment program with her business partner and close friend, Markgetta Jackson-Langford, of Fayetteville, GA. She was a strong advocate in the fight against cancer; she was a proud and loving mother, always very involved in all aspects of her children's lives, their church, school and extra-curricular interest. She was also an organ donor, determined to help "Find A Cure".

Carla spent precious moments with her family from Opelousas, LA, Lake Charles, LA and Texas during the Thanksgiving and Christmas Holiday's (2012), forever smiling and encouraging others around her. Carla's worship and service to GOD was recently with The Olivet Church (Fayetteville, GA) and she had recently founded her own outreach ministry "Woman of Wisdom Ministries" (W.O.W.) "GETTING WISDOM IS THE WISEST THING YOU CAN DO"; Proverbs 4:7

Survivors include her children, Glenn Bernard Allen, Jr. and Zoe Allen both of Fayetteville GA, her parents, Rebecca Davis Henry & Elton Henry of Opelousas, LA, four brothers; Yural James, Karl Evans, Adrien (Disary R.) and Demetrius Henry all of Opelousas, LA; two sisters, Anitria Henry (Patrick) Thomas of Metairie, LA and Robbie Henry of Lake Charles, LA and a special niece, Nia T. Henry of Opelousas, LA. A celebration of her life will be held from 7 A.M. to 10 A.M. Saturday, February 23, 2013 at Williams Funeral Home, 817 East Street, Opelousas, LA and 10:30 A.M. to 1:00 P.M. at Bellevue Street Baptist Church. Funeral services will be held at 1:00 P.M. Saturday, February 23, 2013 at Bellevue Street Baptist Church, 326 W. Bellevue Street, Opelousas, LA. Burial will be in St. Leo the Great Catholic Cemetery in Leonville, LA.

Funeral arrangements are entrusted to Williams Funeral Home of Opelousas, 337-942-2037.

# Tribute Wall



“ *Carla Yvette Allen*

January 28, 2023 at 08:52 AM



“ *You was so Love and we miss you,my friend God is watching over your chidren*

**Shirley Jones** - September 15, 2014 at 01:53 PM



“ *May the peace and comfort of God,console your family during your time of bereavement. P*

**LOUTRICIA VAL DARBY LEAVEN** - March 20, 2013 at 09:27 AM



“ *I met Carla September 2010, as our daughters were in the same class. We became friends immediatly, taking the kids out to eat, visiting consignment shops, and talking for hours in Publix parking lot. Her warm spirit, encouraging words, and beautiful smile will be missed. We love and miss you Ms. Carla.  
The Clopton Family*

**Katrice Clopton** - February 27, 2013 at 09:39 AM



“ *My God's Peace be with the Family.*

**Chris Williams** - February 22, 2013 at 01:16 PM

RM

“ *My sincere condolences goes out to all of u in this most difficult time... May God be with ur family and give each and everyone of u the strenght to get thru this...God's Blessing to all.*

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**Rosa M. Milburn** - February 21, 2013 at 12:59 PM

MA

“ *To the Henry family my condolences on Caral,may God bless you all,I enjoyed my visit with her on Christmas.  
Aunt Mary Jane Montreia Floyd Jr Destney Courtney*

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**Mary Jane Albert** - February 20, 2013 at 12:22 PM

CP

“ *We are sorry about your loss. You are in prayers. May God's peace be with you. We Love you.*

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**Cynthia & Joseph Payne** - February 18, 2013 at 05:17 PM

JM

“ *Deepest Sympathy*

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**Jonia Milburn** - February 17, 2013 at 11:11 PM

GB

“ *To Mr.& Mrs.Henry & Family. We send our greatest sympathy to all of you. You all have lost a significant treasure. Her work here is done, she has left a great legacy of faith, love, & hope for all who crossed her path. I know you all are so proud of all her accomplishments. Our prayers will always be with your family.  
Love Always The Barnes Family*

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**Grace Barnes** - February 17, 2013 at 10:19 PM