



Mr. Frederick Sion Jr.

July 16, 1937 - June 4, 2020

Obituary for Frederick Sion, Jr.

Frederick Sion, Jr. 7/16/1937 – 6/4/2020, 82yrs old

Fred Sion was born in Port Barre, Louisiana, on July 16, 1937, to Frederick Sion, Sr., and Louise DeJean Sion. Fred and his siblings were raised in Opelousas, Louisiana. A Mass will be held at 5:00 PM Monday, July 6, 2020 at Holy Ghost Catholic Church. Burial will follow in Serenity Memorial Park.

Fred graduated from Holy Ghost High School in Opelousas and New Mexico Highlands University in Las Vegas, NM. He also earned a master's degree at San Francisco State University in San Francisco, CA.

Fred was a natural athlete, excelling in basketball and tennis. In his early adult years in the U.S. Army, he enjoyed being stationed in Germany, traveling throughout Europe and playing basketball for his unit and base teams. Upon discharge from the Army after moving to California, Fred became a teacher and basketball coach, coaching teams from middle school to the California State University level. He also served as the Camp Director for many youth basketball summer camps.

Fred is survived by his 3 children, Michael Wrenn Sion of Costa Mesa, CA, Mark Frederick Sion of Santa Clara, CA, and Monique Elizabeth Sion of Irving, TX. Sue Wrenn Sion, his first wife of 29 years and mother of his 3 children, resides in Santa Rosa, CA. He is also survived by his 3 grandchildren, Kevin Ramirez (18), Lauren Jeanette Sion (18) and Jordan

Wrenn Sion (15), all of California.

Fred is also survived by his only remaining sibling, Gloria Sion Sparks, of Richardson, TX, and a huge family of nieces, nephews and cousins, across Louisiana, Texas and beyond.

Fred's second wife Roslyn Gail Warner-Sion predeceased him in 2017.

If you would like to make a donation in Fred's honor, please reach out to organizations supporting military veterans.

Funeral arrangements are entrusted to Williams Funeral Home of Opelousas, 337-942-2037.

Tribute Wall



“ *Mr. Frederick Sion Jr.*

January 28, 2023 at 08:52 AM



“ *Mr. Sion was my 7th & 8th grade basketball coach at Santa Rosa Junior High. The only coach to ever name me MVP of the team! Thank you and God bless you and the entire Sion family. Hello and my payers are with you Mike, Mark, and Monique. Much love and many memories on Rancho Cabeza. -Jeff Silva*

Jeffrey Silva - January 01, 2021 at 10:27 PM



“ *I have very fond memories of Mr. Sion in Santa Rosa, CA. I attended grammar school with his children. Mr. Sion would come by to pick them up and he was always dressed sharply -- whether in his track sweats or sport coat! Being active in the local church, I would see him often and say hello. He always had an easy smile, would ask how I was doing and tell me to give my regards to my parents - and, work hard! Saddened by his loss and sending prayers and positive thoughts to his children - Mike, Mark, and Monique. God bless the Sion family. Always, Manny B.*

Manny Baldenegro Jr. - August 10, 2020 at 01:41 PM



“ *My condolences to the family of Frederick Sion Jr. His beautiful daughter and sons are in my thoughts and prayers. Gloria Adams*



Gloria L Adams - July 03, 2020 at 07:10 PM

FS

“ Fred Singleton lit a candle in memory of Mr. Frederick Sion Jr.



Fred Singleton - June 24, 2020 at 11:55 PM

WK

Fred's presence and purpose in life was and shall remain unforgettable. May fond memories of him comfort and provide you peace.

*William H. Kuykendall
Austin, Texas*

William H. Kuykendall - July 25, 2020 at 08:38 AM

FS

“ My condolences to all whom Uncle Frederick left behind, including my cousins Michael, Mark and Monique and his beautiful grandchildren and all his loved ones.

-Cousin Frederick Sparks

Frederick Sparks - June 24, 2020 at 06:27 PM

KA

“ Mr.Frederick you was one of my favorite customers. You came and seen me almost everyday and talked. I will miss you so much

Kristina Arceneaux - June 15, 2020 at 12:24 PM

TY

“ My condolences to Monique and the Sion family. May God give you comfort and peace during this time of transition.

Tyra - June 14, 2020 at 07:14 PM

RF

“ *Sending our Heartfelt Condolences and Prayers to the Family! So sorry for your loss! R.I.P. Mr. Fred*



Rita Gradnigo Pickens and Family - June 13, 2020 at 06:39 AM

KL

*To the family of Mr. Fred Sion.
My sincere condolences to your family and friends.
I met Fred many years ago, when he spoke for Career Day at the elementary school where Roslyn and I worked. Roslyn was one in a million. May you both Rest In Peace 🙏!!!
Respectfully,
Karen Lovell*

Karen Lovell - June 18, 2020 at 05:40 PM

GA

My condolences to Michael, Mark, and Monique (children of Frederick Sion Jr.) and all Sion family. God's peace be with you. Love, Cousin Gloria Adams

Gloria L Adams - July 04, 2020 at 07:39 PM